

Abstract

Title:

Stickhandling transfer from training units into the game of ice hockey goalie at the 11. till 13. years old.

Objectives:

Transfer quantitatively evaluate the frequency of use of stick game with goalkeepers 11. till 13. years old after the training intervention.

Methods:

The research was conducted by observing fifteen hockey match at the beginning and end of the hockey season 2012/2013 11. till 13. years old after the training program for the work with a stick. Monitored data were recorded in an empirically established evaluation tables based on the scheme of LH used in the country. The sample represents goalkeepers 11. till 13. years old hockey team HC Sparta Praha. The actual comparison of the frequency of use of the game was goalie stick descriptive statistics.

Results:

Transfer work with the goalies stick 11. till 13. years old of training units in the hockey game was successful. The overall frequency of work with a staff increased from 261 of the 286 club hits of all hits club, which percentage is 9.6%. The most successful progression occurred in the warm-stick blade and punching blade stick in the corner rink. Successfully discs played out before training interventions was only 11 and 26 after the training intervention, which is a 37% increase. The second most significant progress occurred at the corner punching blade rink. Of the 48 trials, this number increased to 123 tests, which is an improvement of 33%. The smallest progress occurred at the punching blade on the body. Of the 16 trials, this activity decreased to 7 attempts, which is 5.4%.

Key words:

Ice hockey, goaltender, skills transfer;